

EAT OPENMINDED



EATOPEN

Plant Based Pioneer

Starting as part of a meat company, Vivera began the development of plant based alternatives for meat more than 30 years ago. What was first a niche market has meanwhile developed into a serious category driven by worries about climate change, animal welfare, and health. Throughout this time Vivera has worked on increasing plant based options in terms of product portfolio using new technologies and R&D insights based on the knowledge of meat structures and taste. Vivera now focuses solely on plant based foods to accelerate development and investments. This has made Vivera one of the leading producers in Europe with a wide range of production capabilities and a broad product portfolio.

Great taste at great value

A lot of consumers see the need to change their eating habits but are reluctant to do so because of taste and price. Therefore, Vivera prioritises creating the best tasting products at affordable prices.

By regularly testing versus competition and meat references, we are constantly understanding what our consumers want from our products and improving recipes, which has resulted in a lot of award winning products over the years.

Thanks to our huge production scale, we are able to offer high quality, affordable products. This is becoming increasingly important in the face of inflation and rising raw material costs.

The Brand

Vivera delivers products in more than 25
European countries. We want more and
more people to enjoy plant based food. And
we are succeeding! Increasing numbers of
people are taking the step towards plant
based. All you have to do is to eat
openminded. Vivera wants to challenge
everyone to try new things, and encourage
them to make a conscious choice without
having to compromise on taste. By offering
inspiration and delicious food, Vivera helps
by making the transition to plant based
very easy.







BURGER

Of course, this popular classic cannot be missing from your assortment: the Plant based Burger! Easy to prepare and ideal to serve on a bun with lettuce, cucumber, fried union, tomato, pickle and vegan cheddar.

Ingredients: 80% hydrated vegetable protein (water, 11% SOY PROTEIN, 11% WHEAT PROTEIN), vegetable oils (sunflower, rapeseed in varying proportions), coconut oil, thickener (methyl cellulose), vinegar, natural flavours, WHEAT FLOUR, salt, onion powder, caramelized sugar, potato fibre, water, spices, garlic powder, tomato powder, BARLEY MALT EXTRACT, spices, iron, vitamin B12.

Nutritional Table	Per Serving 100g
Energy	747 kJ/179 kcal
Fat of which saturated fatty acids	9,0 g 3,9 g
Carbohydrates of which sugars	5,5 g 1,0 g
Fibre	4,0 g
Protein	17 g
Salt	1,3 g

Preparation

Preparation method is based on frozen product.

Pan	Deep Fryer	Ove

4,5 minutes in a preheated pan with oil over medium high heat, turning frequently. 2,5 minutes at 170°C

5 minutes in a preheated oven at 200°C

Allergens

Gluten, Wheat, Barley and Soy.

Packaging

	Average
Number of pieces per trade unit:	26
Net weight per piece (gram):	75
Net weight per package (gram):	156
Gross weight packaging (gram):	2106
Inner Packaging Type:	Inner bag
Inner Packaging Material:	HDPE
Outer Packaging Type:	Box
Outer Packaging Material:	Cardboard
Outer Packaging Dimensions (cm):	23x22x10
Pallet Loading	
Number of layers:	10
Number of trade units per layer:	15
Number of trade units per pallet:	150
Shelf Life	
Shelf Life on production:	12 months
Shelf Life on Delivery:	6 months
Storage advice:	Provided stored at a temperature
	colder than -18°C. After thawing,
	do not refreeze the product again.





100% PLANT BASED VEGETABLE BURGER

Vivera's Plant based Vegetable Burger consists of a whopping 59% vegetables. Not only delicious, but also a super healthy alternative! An alternative burger option when served with baked wedges and a fresh salad.

Ingredients: 59% vegetables (onion, carrot, leek, corn, green beans, peas, red bell pepper, green bell pepper), 27% hydrated vegetable protein (water, 11% **SOY PROTEIN**), starch, vegetable oils (sunflower, rapeseed in varying proportions), vinegar, flavouring, thickener (methyl cellulose), potato protein, reduced sodium salt, spices, natural flavours, potato fibre, water, onion powder, salt, garlic powder, iron, vitamin B12.

Nutritional Table	Per Serving 100g
Energy	466 kJ/111 kcal
Fat of which saturated fatty acids	2,6 g 0,3 g
Carbohydrates of which sugars	8,3 g 2,7 g
Fibre	3,4 g
Protein	11 g
Salt	1,5 g

Preparation

Preparation method is based on frozen product.

Pan	Deep Fryer
111	

Oven

4,5 minutes in a preheated pan with oil over medium high heat, turning frequently.

2,5 minutes at 170°C

5 minutes in a preheated oven at 200°C

Allergens

Soy

Packaging

Avorago
Average
24
100
156
2556
Inner bag
HDPE
Box
Cardboard
23x22x10
10
15
150
12 months
6 months
Provided stored at a temperature
colder than -18°C. After thawing,
do not refreeze the product again.





SPINACH-CHEESE BURGER

A classic combination of spinach and cheese in a crispy coating. Simply irresistible and suitable for almost any dish. Easy to serve as a sandwich. Or for an Italian twist: serve with tomato, mozzarella, toasted pine nuts and top with some green pesto and a basil leaf... or slice up and serve in a wrap.

Ingredients: 30% leaf spinach, 25% CHESE MILK, salt, starter culture, vegetarian rennet), white rice, breadcrumbs (WHEAT FLOUR, water, yeast, salt, sunflower oil, parsley), starch, (contains WHEAT), vegetable oils (sunflower, rapeseed in varying proportions), water, potato fibre, thickener (methyl cellulose), WHEAT FLOUR, salt, herbs, spices, flavouring, garlic puree.

Nutritional Table	Per Serving 100g
Energy	847 kJ/202 kcal
Fat of which saturated fatty acids	9,4 g 4,5 g
Carbohydrates of which sugars	19 g 0,5 g
Fibre	2,8 g
Protein	9,1 g
Salt	1,7 g

Preparation

Preparation method is based on frozen product.

Pan		
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Deep Fryer



Oven



6,5 minutes in a preheated pan with oil over medium high heat, turning frequently.

4 minutes at 170°C

7,5 minute in a preheated oven at 200°C

Allergens

Gluten, Wheat and Milk.

Packaging

	Average	
Number of pieces per trade unit:	20	
Net weight per piece (gram):	113	
Net weight per package (gram):	156	
Gross weight packaging (gram):	2416	
Inner Packaging Type:	Inner bag	
Inner Packaging Material:	HDPE	
Outer Packaging Type:	Box	
Outer Packaging Material:	Cardboard	
Outer Packaging Dimensions (cm):	23x22x10	
Pallet Loading		
Number of layers:	10	
Number of trade units per layer:	15	
Number of trade units per pallet:	150	
Shelf Life		
Shelf Life on production:	12 months	
Shelf Life on Delivery:	6 months	
Storage advice:	Provided stored at a temperature	
	colder than -18°C. After thawing,	
	do not refreeze the product again.	





Ingredients: 80% hydrated vegetable protein (water, 11% SOY PROTEIN, 11% WHEAT PROTEIN), vegetable oils (sunflower, rapeseed in varying proportions), coconut oil, thickener (methyl cellulose), vinegar, natural flavours, WHEAT FLOUR, salt, onion powder, caramelized sugar, potato fibre, water, spices, garlic powder, tomato powder, BARLEY MALT EXTRACT, spices, iron, vitamin B12.

Nutritional Table	Per Serving 100g
Energy	759 kJ/ 181 kcal
Fat of which saturated fatty acids	7,9 g 0,8 g
Carbohydrates of which sugars	10 g 0,8 g
Fibre	3,1 g
Protein	16 g
Salt	1,4 g

Preparation

Preparation method is based on frozen product.

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Deep Fryer



Oven



6,5 minutes in a preheated pan with oil over medium high heat, turning frequently.

3,5 minutes at 170°C

do not refreeze the product again.

8 minutes in a preheated oven at 200°C

Allergens

Gluten, Wheat and Soy.

Packaging

	Average
Number of pieces per trade unit:	54
Net weight per piece (gram):	105
Net weight per package (gram):	156
Gross weight packaging (gram):	5826
Inner Packaging Type:	Inner bag
Inner Packaging Material:	HDPE
Outer Packaging Type:	Box
Outer Packaging Material:	Cardboard
Outer Packaging Dimensions (cm):	23x22x10
Pallet Loading	
Number of layers:	10
Number of trade units per layer:	15
Number of trade units per pallet:	150
Shelf Life	
Shelf Life on production:	12 months
Shelf Life on Delivery:	6 months
Storage advice:	Provided stored at a temperature colder than -18°C. After thawing,





100% PLANT BASED DRUMSTICKS

Vivera's Plant-based Spicy Drumsticks, with a taste and bite just like chicken, are the perfect starter or snack. Serve with a sweet chili sauce to bring out the slightly spicy flavour.

Just as versatile as chicken, without the inconvenience of a bone. Ideal for everyone!

Ingredients: 69% hydrated vegetable protein (water, 15% SOY PROTEIN, 2.5% WHEAT PROTEIN), breadcrumb mix (WHEAT FLOUR, corn, salt, sugar, water, yeast, spices, BARLEY MALT EXTRACT, sunflower oil, tomato powder, paprika, onion powder, garlic powder, sea salt, parsley), vegetable oils (sunflower, rapeseed in varying proportions), water, starch (contains WHEAT), vinegar, thickener (methyl cellulose), WHEAT FLOUR, natural flavours, reduced sodium salt, spices, potato fibre, salt, onion powder, garlic powder, iron marjoram, vitamin B12.

Nutritional Table	Per Serving 100g
Energy	773 kJ/185 kcal
Fat of which saturated fatty acids	8,6 g 0,9 g
Carbohydrates of which sugars	10 g 0,8 g
Fibre	4,5 g
Protein	14 g
Salt	1,4 g

Preparation

Preparation method is based on frozen product.

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Not recommended.

Not recommended.

11 Minutes in a preheated oven at 200°C

Allergens

Gluten, Wheat, Barley and Soy.

Packaging

	Average
Number of pieces per trade unit:	36
Net weight per piece (gram):	54
Net weight per package (gram):	156
Gross weight packaging (gram):	2256
Inner Packaging Type:	Inner bag
Inner Packaging Material:	HDPE
Outer Packaging Type:	Box
Outer Packaging Material:	Cardboard
Outer Packaging Dimensions (cm):	23x22x10
Pallet Loading	
Number of layers:	10
Number of trade units per layer:	15
Number of trade units per pallet:	150
Shelf Life	
Shelf Life on production:	12 months
Shelf Life on Delivery:	6 months
Storage advice:	Provided stored at a temperature
	colder than -18°C. After thawing,
	do not refreeze the product again.





Ingredients: 65% hydrogenated vegetable protein (water, 16% SOY PROTEIN, 1% WHEAT PROTEIN), breadcrumbs (WHEAT FLOUR), rapeseed oil, black pepper, salt, raising agents (disodium dihydrogen diphosphate, sodium bicarbonate), dextrose, paprika extract, food acid (citric acid), yeast), vegetable oils (sunflower, rapeseed in varying proportions), vinegar, WHEAT FLOUR, natural flavours, thickener (methyl cellulose), starch (contains WHEAT), salt, garlic powder, onion powder, spices, onion, dextrose, dried glucose syrup, paprika extract, yeast extract, iron, spice extract, herb extract, vitamin B12, water.

Nutritional Table	Per Serving 100g	
Energy	1025 kJ/246 kcal	
Fat of which saturated fatty acids	14 g 1,3 g	
Carbohydrates of which sugars	13 g 1,0 g	
Fibre	3,1 g	
Protein	15 g	
Salt	1,4 g	

Preparation

Preparation method is based on frozen product.

Pan	Deep Fryer	Oven	
5,5 minutes in a preheated pan with oil over medium high heat, turning frequently.	2,5 minutes at 170°C	5 minutes in a preheated oven at 200°C	

Allergens

Gluten, Wheat and Soy.

Packaging

	Average
Number of pieces per trade unit:	71
Net weight per piece (gram):	22,5
Net weight per package (gram):	156
Gross weight packaging (gram):	1756
Inner Packaging Type:	Inner bag
Inner Packaging Material:	HDPE
Outer Packaging Type:	Вох
Outer Packaging Material:	Cardboard
Outer Packaging Dimensions (cm):	23x22x10
Pallet Loading	
Number of layers:	10
Number of trade units per layer:	15
Number of trade units per pallet:	150
Shelf Life	
Shelf Life on production:	12 months
Shelf Life on Delivery:	6 months
Storage advice:	Provided stored at a temperature colder than -18°C. After thawing, do not refreeze the product again.





Ingredients: 60% hydrated vegetable protein (water, 16% SOY PROTEIN, 1% WHEAT PROTEIN), cornflakes (corn, sugar, salt, BARLEY MALT EXTRACT), vegetable oils (sunflower, rapeseed in varying proportions), water, vinegar, starch (contains WHEAT), thickener (methyl cellulose), natural flavours, WHEAT FLOUR, reduced sodium salt, onion, potato fibre, salt, dried glucose syrup, dextrose, yeast extract, preservative (sodium diacetate), cumin seed, spice extract, herb extract, iron, vitamin B12.

Nutritional Table	Per Serving 100g
Energy	1115 kJ/266 kcal
Fat of which saturated fatty acids	12 g 0,6 g
Carbohydrates of which sugars	21 g 2,5 g
Fibre	4,5 g
Protein	16 g
Salt	1,5 g

Preparation

Preparation method is based on frozen product.

Pan	1
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5,5 minutes in a preheated pan with oil over medium high heat, turning frequently.

2,5 minutes at 170°C

5 minutes in a preheated oven at 200°C

Allergens

Gluten, Wheat, Barley and Soy.

Packaging

	Average
Number of pieces per trade unit:	84
Net weight per piece (gram):	22,5
Net weight per package (gram):	156
Gross weight packaging (gram):	2056
Inner Packaging Type:	Inner bag
Inner Packaging Material:	HDPE
Outer Packaging Type:	Box
Outer Packaging Material:	Cardboard
Outer Packaging Dimensions (cm):	23x22x10
Pallet Loading	
Number of layers:	10
Number of trade units per layer:	15
Number of trade units per pallet:	150
Shelf Life	
Shelf Life on production:	12 months
Shelf Life on Delivery:	6 months
Storage advice:	Provided stored at a temperature colder than -18°C. After thawing, do not refreeze the product again.



MINCE

Whether you are making a classic Bolognese or a Mexican street food, with our Mince the choice is yours, and it is super easy to prepare! Vivera's Plant based Mince has been tested as the tastiest and it is also low in fat. Better for the planet and better for you!

Ingredients: 94% hydrated vegetable protein (water, 30% **SOY PROTEIN**), vinegar, caramelized sugars, reduced sodium salt, natural flavours, preservative (sodium diacetate), water, food acid (lactic acid), salt, iron, vitamin B12.

Nutritional Table	Per Serving 100g
Energy	443 kJ/105 kcal
Fat of which saturated fatty acids	0,6 g 0,1 g
Carbohydrates of which sugars	1,9 g 0,7 g
Fibre	5,8 g
Protein	20 g
Salt	1,1 g

Preparation

Preparation method is based on frozen product.

Pan



3 minutes in a preheated pan with oil over a medium high heat, turning frequently.

Allergens

Soy.

Packaging

	Average
Number of pieces per trade unit:	-
Net weight per piece (gram):	-
Net weight per package (gram):	156
Gross weight packaging (gram):	2156
Inner Packaging Type:	Inner bag
Inner Packaging Material:	HDPE
Outer Packaging Type:	Box
Outer Packaging Material:	Cardboard
Outer Packaging Dimensions (cm):	23x22x10
Pallet Loading	
Number of layers:	10
Number of trade units per layer:	15
Number of trade units per pallet:	150
Shelf Life	
Shelf Life on production:	12 months
Shelf Life on Delivery:	6 months
Storage advice:	Provided stored at a temperature
	colder than -18°C. After thawing,
	do not refreeze the product again.





100% PLANT BASED SHAWARMA

We're famous for our Plant-based Kebabs! Our Shawarma has not only been tested as the tastiest, but it also contains less fat than shawarma made from meat! It's a tasty and healthier alternative. Serve in a classic kebab with salad and pickles, or use it as a creative topping for pizza!

Ingredients: 87% hydrated vegetable protein (water, 22% **SOY PROTEIN**), vegetable oils (rapeseed, sunflower), vinegar, spices, salt, natural flavours, vegetables (paprika, onion), water, garlic, paprika concentrate, iron, spice, vitamin B12.

Nutritional Table	Per Serving 100g
Energy	590 kJ/141 kcal
Fat of which saturated fatty acids	7,2 g 0,8 g
Carbohydrates of which sugars	1,3 g 0,4 g
Fibre	4,9 g
Protein	15 g
Salt	1,2 g

Preparation

Preparation method is based on frozen product.

Pan



Fry for at least 4 minutes all around in a preheated pan with oil.

Allergens

Soy.

Packaging

	Average
Number of pieces per trade unit:	-
Net weight per piece (gram):	-
Net weight per package (gram):	156
Gross weight packaging (gram):	1656
Inner Packaging Type:	Inner bag
Inner Packaging Material:	HDPE
Outer Packaging Type:	Box
Outer Packaging Material:	Cardboard
Outer Packaging Dimensions (cm):	23x22x10
Pallet Loading	
Number of layers:	10
Number of trade units per layer:	15
Number of trade units per pallet:	150
Shelf Life	
Shelf Life on production:	12 months
Shelf Life on Delivery:	6 months
Storage advice:	Provided stored at a temperature
	colder than -18°C. After thawing,
	do not refreeze the product again.





BACON PIECES

Plant Bacon from Vivera, spectacular! Our bacon has that typical smoky, salty flavour you crave. Easy to prepare and suitable for so many dishes. Add to a carbonara, sprinkle on salad, top your fries, or have it with breakfast.

Ingredients: 92% hydrated vegetable protein (water, 24% **SOY PROTEIN**) PROTEIN), vinegar, flavouring, salt, natural flavours, red beet powder, smoke flavouring, water, iron, vitamin B12.

Nutritional Table	Per Serving 100g
Energy	388 kJ/92 kcal
Fat of which saturated fatty acids	0,5 g 0,1 g
Carbohydrates of which sugars	2,4 g 0,9 g
Fibre	4,8 g
Protein	17 g
Salt	2,9 g

Preparation

Preparation method is based on frozen product.

Pan



Fry for at least 3 minutes all around in a preheated pan with oil.

Allergens

Soy.

Packaging

	Average
Number of pieces per trade unit:	-
Net weight per piece (gram):	-
Net weight per package (gram):	156
Gross weight packaging (gram):	1656
Inner Packaging Type:	Inner bag
Inner Packaging Material:	HDPE
Outer Packaging Type:	Box
Outer Packaging Material:	Cardboard
Outer Packaging Dimensions (cm):	23x22x10
Pallet Loading	
Number of layers:	10
Number of trade units per layer:	15
Number of trade units per pallet:	150
Shelf Life	
Shelf Life on production:	12 months
Shelf Life on Delivery:	6 months
Storage advice:	Provided stored at a temperature colder than -18°C. After thawing, do not refreeze the product again.





100% PLANT BASED CHICKEN PIECES

Vivera's Plant Based Chicken Pieces have been tested as tastiest. And that's not without a reason. They are deliciously tender and have a great meaty texture. These chicken pieces are tremendously versatile to use, serve in tacos, pastas or in salad.

Ingredients: 80% hydrated vegetable protein (water, 14% SOY PROTEIN, 3% WHEAT PROTEIN), vegetable oils (sunflower, rapeseed in varying proportions), thickener (methyl cellulose), natural flavours, vinegar, starch (contains WHEAT), citrus fibre, water, salt, iron, vitamin B12.

Nutritional Table	Per Serving 100g
Energy	690 kJ/166 kcal
Fat of which saturated fatty acids	9,5 g 0,9 g
Carbohydrates of which sugars	2,0 g 0,3 g
Fibre	5,3 g
Protein	15 g
Salt	1,1 g

Preparation

Preparation method is based on frozen product.

Pan



3,5 minutes in a preheated pan with oil over medium high heat, turning frequently.

Allergens

Soy.

Packaging

	Average
Number of pieces per trade unit:	-
Net weight per piece (gram):	-
Net weight per package (gram):	156
Gross weight packaging (gram):	2156
Inner Packaging Type:	Inner bag
Inner Packaging Material:	HDPE
Outer Packaging Type:	Box
Outer Packaging Material:	Cardboard
Outer Packaging Dimensions (cm):	23x22x10
Pallet Loading	
Number of layers:	10
Number of trade units per layer:	15
Number of trade units per pallet:	150
Shelf Life	
Shelf Life on production:	12 months
Shelf Life on Delivery:	6 months
Storage advice:	Provided stored at a temperature colder than -18°C. After thawing,
	do not refreeze the product again.





Meatballs on a mission. These Plant Based Meatballs from Vivera are true classics. Prepared in no time and delicious in sauce with spaghetti and on a marinara sub.

For something different, serve as a tapas or small plate option.

Ingredients: 81% hydrated vegetable protein (water, 11% SOY PROTEIN, 10% WHEAT PROTEIN), vegetable oils (sunflower, rapeseed in varying proportions), starch, vinegar, thickener (methyl cellulose), caramelized sugar, WHEAT FLOUR, reduced sodium salt, rice flour, natural flavours, yeast extract, spices, onion powder, water, salt, dextrose, spices, garlic powder, mushroom powder, spice extract, iron, vitamin B12.

Nutritional Table	Per Serving 100g
Energy	691 kJ/165 kcal
Fat of which saturated fatty acids	7,2 g 0,8 g
Carbohydrates of which sugars	6,7 g 0,6 g
Fibre	2,6 g
Protein	17 g
Salt	1,3 g

Preparation

Preparation method is based on frozen product.

Pan







9 minutes in a preheated pan with oil over medium high heat, turning frequently.

5 minutes in a preheated oven at 200°C

do not refreeze the product again.

Allergens

Wheat, Gluten and Soy.

Packaging

Packaging	
	Average
Number of pieces per trade unit:	120
Net weight per piece (gram):	16,7
Net weight per package (gram):	156
Gross weight packaging (gram):	2156
Inner Packaging Type:	Inner bag
Inner Packaging Material:	HDPE
Outer Packaging Type:	Box
Outer Packaging Material:	Cardboard
Outer Packaging Dimensions (cm):	23x22x10
Pallet Loading	
Number of layers:	10
Number of trade units per layer:	15
Number of trade units per pallet:	150
Shelf Life	
Shelf Life on production:	12 months
Shelf Life on Delivery:	6 months
Storage advice:	Provided stored at a temperature colder than -18°C. After thawing,



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